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# PALM TREE PLAYGROUND

Family-Friendly Fun in South Florida

*On any given day in South Florida, there are libraries to explore, museums to discover and trails to blaze. There is music to enjoy and art to make. This blog is for moms and dads looking for weekday or weekend amusement.*

*These busy, magical years are going to fly. I want to help you fully enjoy the precious time you have with your kids. I will constantly post about upcoming family-friendly activities, stores, restaurants, and play areas, along with time-saving and money-saving tips. Quick note: If you find an event you like, please check/call before you go, things change all the time.*

Showing posts for query **yummy**. [Show all posts](#)

SUNDAY, AUGUST 9, 2009

## Yummy in My Tummy

**What:** Organic Baby and Toddler Food

**Where:** 13770 West State Road 84, Davie and online store

**How Much:** Food - about \$1 or \$2 per portion

**Phone:** 954-358-2414

I am a foodie. When I finish breakfast, I start contemplating lunch: guacamole, hummus, turkey sandwich, mmm...? If I'm having a bad day, I daydream about gallo pinto or a juice burger with crunchy fries. One of the my most relaxing activities is zoning out to someone chopping and dicing on the Food Network. I savor capers, artichokes, and olives. And I can probably tell you where there's a Thai restaurant in your city. My husband says I'm obsessed. But I know it's genetic. Once, someone said that it's cheaper to buy the women in my family diamonds than it is to feed us. A blissful moment for me was the day I had to give K some prune juice (hear



## About Me

South Florida Mommy  
I am a Broward mom who travels all over searching for exciting, educational, inexpensive, kid-friendly adventures. The February morning I found out I was pregnant, my world transformed. The light shining through the bathroom windows was suddenly more brilliant and a nagging little emptiness I had always had in my chest filled with joy. Ever since that day. I

me out). She was four months old and, as she downed the bottle, licked her lips, and cried for more, I knew I had a baby foodie on my hands. She enjoys trying new flavors, even unusual things, just like her mommy.

And my baby foodie is into [Yummy in My Tummy](#). The owners, Michael and Karen, are a mom and dad team who provide the highest quality organic baby and toddler food. The store is clean, organized, and the staff is always sweet. I have to admit, I buy food for myself when I visit. One of my favorites is the scrumptious mac and cheese, not salty and artificial, but creamy and authentic. Besides the delicious food, they sell all kinds of eco-friendly products, like utensils, bibs, sippy cups, etc. I recently found out that they do "tastings" for groups where you can sample the food and get a discount on what you purchase that day. When you go, buy yourself a little cup of Dutch Apple. Trust me.

Posted by South Florida Mommy at [9:16 PM](#) [2 comments](#) 

Labels: [Davie](#), [eco-friendly](#), [organic food](#)

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... joy, but since that day, I am a happier person. I started this blog because I love being a mom. My baby girl, K. is nine months old. I'm also a sixth grade writing teacher. You can email me at [soflamommy@yahoo.com](mailto:soflamommy@yahoo.com).

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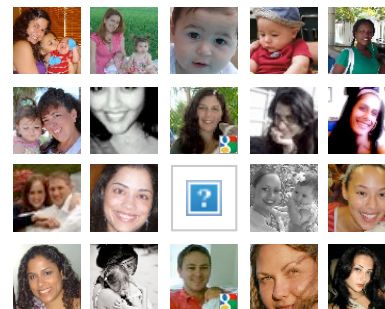
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