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Strolling Reporter: Spinach pretzels, anyone? Oh, baby!

By Amy Royster

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Friday, April 03, 2009

Like all parents, Karen and Michael Stanley had to figure out what to feed their daughter Sophia Clare when she was an infant.

Michael's degree in culinary art led to experimentation in the kitchen. And Karen's instincts as a new mom told her that other mothers might be interested in Michael's creations. That's how Broward County-based Yummy In My Tummy, a line of organic baby food, was born.



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Fresh, organic food in three stages for infants to toddlers is available for home delivery in South Florida or nationwide delivery. Yummy In My Tummy is an alternative to the frozen or jarred organic baby foods available in stores.

A 3.5-ounce container of puréed baked apples is \$1.33. Spinach mini-bite pretzels for toddlers are \$1.50.

Yummy in My Tummy is available online at [www.yummyinmytummy](http://www.yummyinmytummy.com) [store.com](#)

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