

# Going Green

How to make a difference



# Shopping...



Yummy in My Tummy ([yummyinmytummy.com](http://yummyinmytummy.com)) offers organic baby food, free of additives and preservatives.



products such as sweet potato, baked apple or pears, while stage two might incorporate spinach and squash, or sweet potatoes with

apples. The food, sold at the store and online — they have delivery service — is packaged in BPA-free, phthalate-free, BHT-free,

and BHA-free barrier containers. You can also shop at the store for baby bath and spa products, bottles, sippy cups, clothing and more.

## NEVER TOO YOUNG

Even your baby can get in on the green trend. Yummy in My Tummy ([yummyinmytummy.com](http://yummyinmytummy.com)) in Davie offers organic baby food, free of additives and preservatives. The owners, husband and wife team Michael and Karen Stanley, came up with the concept because they wanted healthy food options for their two-year-old daughter. “It tastes like homemade,” says the couple, but parents “don’t have to spend their resources and time.”

The company, which has its own executive chef, offers three stages of food to transition babies from the infant to toddler stages. Stage one includes single