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The Official Magazine of Downtown Fort Lauderdale
Volume 6 . Number 4 . May 2009

The *Wine & Food* Issue

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WINE & FOOD QUICK PICKS

By Lynn Peithman Stock

Fort Lauderdale Family Creates Organic Baby Food Line



Even the youngest tummies amongst us want something yummy to eat – and that’s precisely the foundation a Fort Lauderdale trio has used to create Yummy in My Tummy.

The fresh, never frozen foods can be delivered to your door (all food must be shipped next day by UPS, or visit their Davie location). Flavors include the usuals for babies – fruits and vegetables, as well as different twists like vegetable stew with cous cous. Yummy in My Tummy also works to offer seasonal flavors, such as sweet peas. The choices are divided by a growing child’s stages: “Simple and Smooth Stage 1,” “Textured and Tasty Stage 2” and “Savory and Scrumptious Stage 3.”

When company founders Karen and Michael Stanley started introducing foods to their daughter Sophia Clare, they weren’t thrilled with what was available. So they turned to making their own food, with the help of Chef James Casterlin as well as advice from pediatricians, nurse practitioners and obstetricians.

The new company offers organic baby and toddler food as well as “green” products for the diaper set.

Yummy in My Tummy
13770 W. State Road 84, Davie
(954) 358-2414
www.yummyinmytummy.com GO